



Hero Medical Outdoor Lite All-Terrain Seat Walker

User Manual

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1 Introduction



S343145 - Seat Walker - Outdoor Lite All-Terrain Aluminium Grey with Suspension & Wide Track Jumbo Wheels Hero Medical 136kg SWL

Safety & Precautions 2

Weight Capacity

The safe working load for the seat walker is 136kg and must not be exceeded. If the safe working load is exceeded, this can increase the risk of damage to the seat walker and/or risk of serious injury to the user and others.

User Safety

It is highly recommended that safety checks are completed prior to each use of the seat walker, to ensure the safety of the user. Failure to do so may result in wheelchair malfunction, potentially causing injury to the user and others. Please check:

- Ensure all adjustment knobs, bolts, and locking mechanisms are fully tightened before each use.
- Check that the brakes are functioning correctly and that the park brakes hold securely.
- Ensure the pneumatic castors are properly inflated and free from damage.
- Inspect the walker for loose parts, excessive wear, or damage. Do not use if any issues are found.

Exposure to Weather

Avoid exposure to hot or cold temperatures for extended periods of time, as it can cause parts of the seat walker to become very hot or cold. This can result in an increased risk of damage to the seat walker and/or risk of injury to the user and others.

Intended Use

The Hero Medical Outdoor Lite All-Terrain Seat Walker is designed to provide walking support, balance assistance, and a resting option for individuals with limited mobility who are able to walk but require additional stability.

This seat walker is intended for use on outdoor surfaces such as footpaths, paved areas, grass, gravel, and other terrain. The large pneumatic castors are designed to improve shock absorption, traction, and manoeuvrability over rough surfaces.

The integrated seat allows the user to rest when stationary, with the park brakes engaged.

The Outdoor Lite All-Terrain Seat Walker is intended for use by one person only, within the specified weight capacity, and should be used according to the instructions provided in this user manual.

- This product is not intended for use as a wheelchair or for transporting another person.
- It is not designed for running, climbing stairs, or use on escalators.
- Use only on surfaces suitable for walking and where adequate control can be maintained.

Features

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- All-Terrain Pneumatic Wheels: Large, durable wheels designed to handle uneven outdoor surfaces such as grass, gravel, and paths.
- Lightweight Frame: Easy to manoeuvre, lift, and transport without compromising stability.
- Padded seat: Integrated seat provides a convenient resting option during outdoor use.
- Height-Adjustable Handles: Handle height can be adjusted to suit different users and promote correct posture.
- Height-adjustable rounded backrest – four clip settings for comfort
- Light-touch handbrakes – with integrated parking brake
- table Frame Design: Wide base enhances balance and user confidence on varied terrain.
- Quick-folding frame – enables compact transport and storage
- Durable Construction: Made from high-quality materials suitable for regular outdoor use.

4 Specifications

| | |
|--------------------------------|--------------|
| Safe Working Load (SWL) | 136 kg |
| Net Weight | 10.4 kg |
| Seat Height | 56 cm |
| Seat Width | 46 cm |
| Handle Height | 86 - 98.5 cm |
| Outer Width | 64 cm |
| Front Castor | 12.5" |
| Rear Castor | 10" |
| Frame Material | Aluminium |

Instructions for Use 5



5.1 Assembling the Hero Medical Outdoor Lite All-Terrain Seat Walker

Unfolding the Seat Walker

- Unclip the safety clip located above the seat.
- Pull the handles apart until the frame is half open
- Place hands flat on the top of the seat and push downwards to fully unfold the seat walker.

Adjusting the handle height

- To increase the height of the seat walker, unlock the grey clip located underneath the handle. Press the grey clip and slide the handle up or down until you reach your desired height. Lock the grey clip into place.
- There are 6 levels of height adjustment.

Attaching and Removing the Storage Bag

- Locate the turn screw at the front of each seat pole.
- Rotate the screw to unlock, then pull it out from the seat pole.
- Slide the storage bag out to remove it, or insert the bag into position as required.
- Reinsert the screw into the seat pole and rotate it to lock securely.

5.2 Using the brakes

The seat walker features handbrakes with an integrated locking function to provide optimal control and safety for the user.

- To apply the brakes when in motion, pull the handbrake lever towards the handle and release to disengage brakes.

- To lock the brakes when the seat walker is parked, push the handbrake lever down until it locks.
- To release the brakes, pull the handbrake lever towards the handle.
- To adjust the tension of the brakes, tighten or loosen the tension adjustment nut (located at the end of the brake cable above the rear wheels).
- Adjusting the tensions of the brakes ensures the safe operation of the brakes when in use.

5.3 Sitting on the seat

Always follow these instructions when using the seat to reduce the risk of injury.

- Ensure the walker is on a level, stable surface before sitting.
- Fully engage the park brakes on both sides before sitting down.
- Confirm the walker does not move once the brakes are applied.
- Turn slowly and position yourself centrally over the seat.
- Sit down carefully and in a controlled manner.
- Keep both feet flat on the ground while seated.
- Do not lean excessively forward, backward, or to either side while seated.
- Do not attempt to move or propel the walker while sitting on the seat.
- Use the seat for resting only. Do not stand on the seat or use it to reach objects.
- **WARNING:** The backrest is designed to provide support while seated only. It is not intended to support full body weight.

5.4 Folding the seat walker

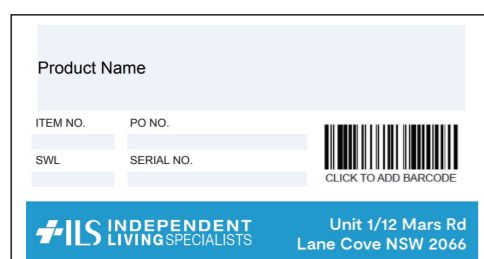
- Pull the strap located in the middle of the seat upwards to unlock the frame.
- Push both of the handles inwards to fully collapse the seat walker.
- Clip the black safety clip onto the seat frame to lock the folded seat walker in place.

6 Labelling Information

Product Label

The seat walker has a product label on the frame, located above the right rear castor.

The product label includes the following information:



- Name, address and contact details of the company
- Name and code for the product
- Safe Working Load (SWL)
- Serial number of the product (which includes date of manufacture and batch serial number)

Usage Label

The seat walker has a usage label on the frame, located above the rear left castor.

The usage label includes the following information:



- Overall seat walker width is 64cm
- Suitable for outdoor and indoor user
- Safe working load of accessories bag is 5kg.

Product Care & Maintenance 7

- It is recommended that the seat walker is inspected every 3 months for signs of wear and tear of the castors, seat or backrest.
- If there are visible signs of wear and tear, please contact your authorised dealer for replacement parts.
- Check tyre pressure regularly and keep tyres inflated to the recommended pressure specified for this product. Do not over-inflate or under-inflate the tyres, as this may affect stability, handling, and braking performance.
- Replace tyres and tubes if they become excessively worn, damaged, or cannot maintain proper air pressure.
- Please ensure the brakes are tested prior to each use.
- If exposed to water or moisture, promptly dry the seat walker to prevent corrosion of the frame.
- The seat walker should be wiped down regularly using warm water or a mild detergent.
- All replacement parts as well as after-sales support and repair services are available through Hero Medical dealers.

8 Recycling & Disposal

Please follow the local government rules in regard to proper recycling and disposal. It should always be done through an authorised agent or licensed place of disposal. Please review the list of seat walker parts and packaging materials to ensure they are recycled or disposed of correctly.

- Frame: aluminium
- Seat & Backrest: vinyl & nylon
- Tyres and tubes: rubber
- Handgrips: polyurethane
- Packaging: cardboard box and plastic

Warranty 9

The Hero Medical Outdoor Lite All-Terrain Seat Walker has a 12-month warranty from the date of purchase on structural integrity.

- During the warranty period any parts that have become defective due to faulty workmanship or material will be repaired or replaced without charge by a Hero Medical dealer of where the product was purchased.
- The warranty excludes tyres, tubes, components and parts that are subject to reasonable wear and tear.
- The warranty excludes faults that have been identified as misuse or user error.
- Unauthorized changes or modifications will forfeit your warranty.
- If a defect or fault is discovered, the Hero Medical dealer of where the seat walker was purchased should be contacted immediately.



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